Population Health Pyramid

Characteristics

- Super-utilizers
- Poly-chronic, frail, elderly, urban poor
- Frequent hospitalizations, emergency visits
- Psychosocial and socioeconomic barriers
- Costs make up 45 – 50 percent

- Limited and stable chronic conditions
- At risk for procedures
- Costs make up 30 – 40 percent

- Healthy
- Minor health issues
- Costs make up 10 – 20 percent

Population/Risk

5% High Risk

35% – 40% Medium Risk

50% Low Risk

High-Impact Care Priorities

- Care coordinators (RNs or social workers)
- Address psychosocial and non-clinical barriers
- Community resources navigation
- Intensive transition planning
- Frequent one-on-one interaction

- Reduce practice variation
- Systematic care and evidence-base medicine
- Team-based, coordinated care
- Scalable care team
- Practice at top of license

- Focused coordination and prevention
- Movement toward virtual, mobile, anytime access
- Convenience is critical