

National RN Population Health Nurse Certificate Program

Reading Guide: Value-Based Care, Quality & Health Outcomes

1. The Triple Aim: We Still Have a Long Way to Go (Berwick, IHI Insights 2019)
Quick Read. Berwick discusses the origin of the Triple Aim, why it was considered a radical idea and its societal role in transforming healthcare.
2. Value-Based Care: What It Is, Why It's Needed (Commonwealth Fund, 2023)
Good Overview. Describes what VBC is, why it's important and how it is being implemented to achieve population health goals of all Medicare beneficiaries and most Medicaid beneficiaries enrolled in accountable, value-based care programs by 2030.
3. The CMS Strategy to Promote Equity in Quality & Value Programs (JAMA Health Forum, 2023)
Viewpoint Article. Discusses CMS approach to incentivize excellent care for underserved populations.
4. Ch. 4 – The Role of Nurses in Improving Health Care Access & Quality (Future of Nursing Report 2020-2030)
Important Read. Informs your practice development by connecting you to the direction profession is moving to address these population health challenges.

Practice Tools:

1. Quality in Motion: Acting on the CMS National Quality Strategy (CMS, 2024)
Important Practice Reference. Lays out the actions and provides guidance links for implementing CMS priorities consistent with the National Quality Strategy for improving health outcomes for Medicare/Medicaid beneficiaries. Bridges policy with population health interventions.
2. Key Terms & Resource Directory for Equity-Centered Payment Reform (National Partnership for Women & Families, 2023)
Recommended by CMS. Comprehensive guide to the key terms surrounding equity and the shift in payment structures. Each definition also has "Learn More" links to additional information/resources.