

Long-Term Services and Supports | LTSS

WHAT ARE LTSS?

LTSS consist of a **broad range of day-to-day help** needed by people with **long-term conditions, disabilities, or frailty**. LTSS can include, but are not limited to, help with:



Bathing



Dressing



Toileting



Medications



Wound Care



Housekeeping



Transportation



Paying Bills



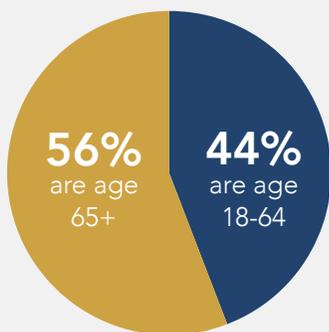
Preparing Meals



Shopping

WHO NEEDS LTSS

14 Million adults need LTSS in 2018



Most people with LTSS needs **live in the community** rather than a nursing home.



! People of all ages need LTSS.

WHO PROVIDES LTSS

The vast majority of people with LTSS needs **rely on unpaid assistance from family and friends**.



Provide an estimated:



34 Billion Hours of unpaid care

in 2017



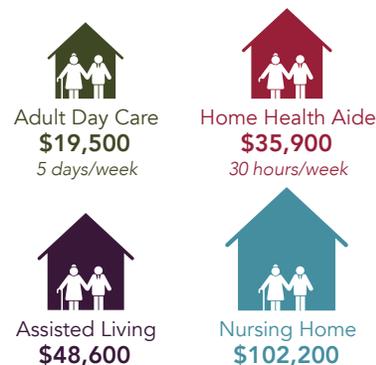
\$470 Billion Economic value of unpaid care



Without family-provided care, **many individuals with LTSS needs would lack the critical support** they need to live in the community.

HOW MUCH LTSS COST

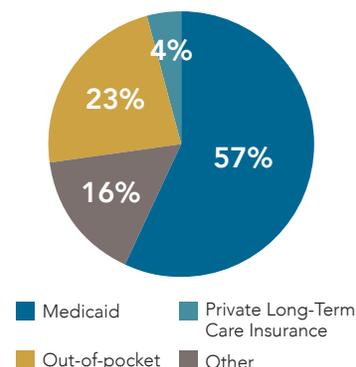
LTSS can be expensive. Costs vary widely depending on the type and amount of care someone needs.



Median price per year in 2019

WHO PAYS FOR PAID LTSS

- Most LTSS costs are paid by Medicaid and individuals paying out of pocket.
- Medicare **does not** cover extensive LTSS.



Total Cost = \$235 Billion in 2017