National RN Case Manager Certificate Program
Reading Guide: Patient Engagement & Self-Management Support

1. The Experience of People with Serious Illness (The Commonwealth Fund, 2018)
   Important Read. Reports on the health care experiences of 1500 Americans with serious illness and the families that care for them.

2. Managing Uncertainty in Chronic Illness from Patient Perspectives (J of Excellence in Nsg & Healthcare Practice, 2020)
   Important Read. Discusses chronic illness and the patient's lived experience of coping with chronic illness specifically uncertainty.

3. ACO Beneficiary Engagement Toolkit (CMS, 2019)
   Engagement Toolkit. Describes a variety of strategies used by ACOs to engage beneficiaries in the ACO and to manage their own care.

4. How Nurses Support Chronically Ill Client's Participation & Self-Management in Primary Care (BMC Primary Care, 2022)
   Cross Country Qualitative Study. This study provides important findings about nurses' understanding and shaping of client participation in self-management.

5. How Remote Patient Monitoring Can Reduce Healthcare Disparities (Health Catalyst, 2022)
   Practice Application. Describes the role of patient home monitoring and patient engagement.

6. A New Era of Health Literacy – Expanded Definitions, Digital Influences, Rural Inequities (The Rural Monitor, 2022)
   Discussion article. Describes the importance of health literacy including organizational and digital literacy to support patient engagement. Addresses key equity issues for people living rurally.

7. Guiding Principles for Patient Engagement (Nursing Alliance for Quality Care)
   Principle Assumptions. This document recognizes the primary importance of the relationship between the nurse and engaged patients and families of care outlining principle assumptions and definitions.

8. Medicare Wellness Visit (CMS MLN 2022)
   CPT Billing & Coding Guide. Provides guidance specific to the Medicare Wellness Visit including screening and risk assessments.

9. ACO Operational Elements Toolkit (CMS, 2021) **NOTE: Posted with Effective Technology Topic p. 7-9**: Annual Wellness Visit within the context of the ACO.

10. Characteristics of Successful Self-Management Support (National RN, 2022)
    Quick Read. Outlines best practices related to providing Self-Management Support.